



ATMA

Teacher Empowerment Labs



To Create Effective Teachers & to make teaching a joyful experience

Empowered & Compassionate Teacher

Attitude Training and Management Associates (ATMA), through its exclusive Educational Supplement Programme (ESP), assists educational institutions to evolve into centers of excellence through vision - oriented management and futuristic training for its staff and students.

In today's competitive world, Teaching has become one of the most challenging professions, calling for a high degree of commitment and competence, with constant Skill & Knowledge Enhancement.

ATMA now envisions a unique project - "EC Teacher" - a one year programme to help Committed Teachers to evolve into Empowered & Compassionate Teachers, with the new age skills and attitudes necessary to deal with the challenges of the modern classroom. It involves a series of 12 full day workshops and a 3 day residential lab for a group of 25 - 30 teachers. Based on the ATMA philosophy of 'Living in Harmony', these training modules are an effective combination of concepts and techniques from NLP, Psychology & Educational Management.

EC TEACHER

The Exclusive ATMA initiative to create
Empowered & Compassionate Teachers

Nature of Programme:

- ❖ Based on the ATMA philosophy of 'Living in harmony'
- ❖ Focus on Empowerment of teacher as an individual and as a member of the team
- ❖ Coordinated group learning & Sharing experiences, targetting systematic change in the participants
- ❖ An Effective combination of concepts and techniques from NLP, Psychology & Educational Management
- ❖ Duration - 1 year
- ❖ 12 full day workshops + one 3 - day residential lab
- ❖ The programme will be implemented for a group of 25 - 30 teachers.
- ❖ Every participant is expected to attend every session without omission

Expected Outcome for the participant:

- ❖ Empowerment as an Individual and as a member of the Team
- ❖ Fresh insights into own Life, Family, Career & Goals
- ❖ Enhanced Teaching Effectiveness
- ❖ Deeper understanding of the needs of the students
- ❖ Compassion and skill to cater to these diverse needs
- ❖ Happier Life with Healthier relationships in Personal & Professional circles

Content:

Living in Harmony	Learning Style Identification
Managing Self & Others	Multi Sensory Learning
Vision Management	Presentation Skills & Effective Class Room Management
Perceptual Position Management	Personal History Management
Emotional Management	Basic Counselling Skills
Energy Management	Basics of Transactional Analysis
Basic Techniques of Creative Intervention	Basic LD - Identification & Management